Novoret™
Zeaxanthin, Lutein & Omega 3 Fatty Acid Capsules

DESCRIPTION
Each Soft Gelatin Capsule Contains:
Zeaxanthin.................................................. 1 mg
Lutein.......................................................... 5 mg
Omega 3 Fatty Acids........................................ 500 mg
Providing Eicosapentaenoic Acid - 325 mg
Docosahexaenoic Acid - 175 mg
Excipients.................................................. q.s.

Colours: Ponceau 4R Supra, Carmoisine Supra & Titanium dioxide IP

INTRODUCTION
Lutein and Zeaxanthin belong to the xanthophyll family of carotenoids and are the two major components of the macular pigment of retina. Lutein and Zeaxanthin are the only carotenoids found in both the macula and lens of human eye, and have dual functions in both tissues to act as powerful antioxidants and to filter high-energy blue light.

Omega 3 fatty acids (O3FAs) are essential because they cannot be synthesized in the body and must be taken via diet or supplement. The potential health benefits of O3FAs have been known for over 30 years. Docosahexaenoic acid (DHA) and Eicosapentaenoic acids (EPA) are two major components of O3FAs and are concentrated in retina and retinal vascular endothelium.

Studies have demonstrated the essential role of Lutein, Zeaxanthin and O3FAs in preventing risk of Age-related Macular Degeneration. The combination also plays essential role in many other eye conditions like Cataract, Retinitis Pigmentosa, Dry Eye and Glaucoma.

THERAPEUTIC USES
Studies have demonstrated the beneficial effects of Lutein, Zeaxanthin and Omega 3 fatty acids in conditions like Age-related Macular Degeneration, Cataract, Retinitis Pigmentosa, Glaucoma and Dry Eye.

Lutein and Zeaxanthin have been found to lower risk of Age-related Macular Degeneration and Cataract. Improvements in visual field, visual acuity and reduction in the rate of visual decline.

Omega 3 Fatty Acids are associated with reduced risk of Dry Eye Syndrome and Age-related Macular Degeneration. O3FAs are also associated with reduced intraocular pressure.

CONTRAINDICATIONS
NOVORET should not be used in the event of hypersensitivity to any of the ingredient.

PREGNANCY & NURSING MOTHERS
Studies of Lutein and Zeaxanthin in pregnant and nursing women have not been conducted. It is recommended that pregnant and nursing women should obtain Lutein/Zeaxanthin from daily servings of fruits, vegetables, egg yolks and other food containing Lutein/Zeaxanthin.

It is not known if O3FAs supplementation of women during pregnancy or breastfeeding is beneficial to infants. It has been suggested that high intake of O3FAs during pregnancy may increase birth weight and gestational length.

SIDE EFFECTS & TOXICITY
Studies show no toxic or adverse effects from the consumption of Lutein esters and that long-term consumption of Lutein esters is well tolerated. However there have been reports of carotenoderma given in high doses. Studies show no toxic or adverse effects with Zeaxanthin.

The combinations with EPA and DHA are generally recognized as safe.

DOSEAGE & ADMINISTRATION
As directed by the physician.

HOW SUPPLIED
NOVORET is available in soft gelatin capsules as:
Strip of 10 capsules
Bottle of 30 capsules

STORAGE
Store in a cool dry place, protect from direct sunlight.
Keep out of reach of children.

Marketed in India by:
Allergan India Private Limited
Prestige Oberoi, Kasturba Road, Bangalore - 560 001

Manufactured in India by:
Geltec Private Ltd.
Survey No. 24, 25/3, 27/2, Yedavanahalli, Attibele, Bangalore - Hosur Road, Bangalore - 562107

Trade Mark are owned by Allergan Inc.
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